



Cross Country BC

Form #8

## PARTICIPANT WAIVER FORM

Note: This waiver will cover participation in all of the competition encompassed in the named event. The event name and dates should clearly indicate whether multiple competitions are involved in the event.

**Larch Hills Sprints: Individual Sprints  
Relays**

**February 15, 2009**

IN CONSIDERATION OF **Cross Country Canada** (hereinafter called CCC), **Cross Country BC**, (hereinafter called CCBC) and **Larch Hills Nordic Society**, accepting my entry into the above named activity, I hereby for myself, my heirs, executors, administrators and assigns, forever release, and forever discharge, CCC, CCBC and the **Larch Hills Nordic Society**, their executive directors, servants, agents, sponsors, supporters, employees or volunteers from any and all claims, demands, damages, costs (including solicitor and client costs on a full indemnity basis), actions or causes of actions, proceedings arising out of or in consequence of any loss, injury or damage which may arise by reason of negligence of CCC, CCBC and the **Larch Hills Nordic Society**, their servants, agents, sponsors, supporters, employees or volunteers. Without limiting the generality of the foregoing, I further release any and all recourses which I may now or hereinafter have resulting from any decisions of CCC, CCBC and the **Larch Hills Nordic Society**.

In addition to the foregoing, I further waive any claims I might have in connection with any cancellation or rescheduling of the event for whatever reason.

I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the sport of cross country skiing, and that no physician or other qualified individual has advised me against participating in the sport. I further acknowledge and agree that it is my choice as whether I will obtain a physical examination prior to participating in the event, and I hereby acknowledge and agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and is instructed not to participate in the event, I hereby assume all risks associated with my participation.

I authorize and consent to the publication by CCC, CCBC and the **Larch Hills Nordic Society** of any materials containing my name or picture, and I release to CCC, the CCBC and the **Larch Hills Nordic Society** and all persons acting under authority from them, any claims I might have due to the initial or subsequent publication of such material.

By completing this **Waiver of Liability** with my signature below, I hereby agree to abide by the Rules and Regulations as set forth by CCC, CCBC and the **Larch Hills Nordic Society**, and to follow the instructions of the officials during the event.

**Adult Participant Release and Waiver**

As a participant of the named activity, I have read and understand the contents and intent of this waiver:

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Witness: \_\_\_\_\_

**Minor Participant Release and Indemnification**

As a parent or guardian of \_\_\_\_\_ who is under the age of majority (as applicable in the participants home province), I have read and understand the contents and intent of this waiver and accept its terms and conditions on behalf of

\_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Witness: \_\_\_\_\_

**Attention Host Club:** Please have all non-club members sign this form when participating in a club-organized event. All club members having completed the Club Waiver Form upon application to the club need not complete an additional waiver form when participating in their own club event.

**NOTE:**  
Participant Waiver Forms are to remain with the **Host Club Executive.**  
**DO NOT** submit these forms to **CCC** or the **CCBC Office**